

The Town of Guilford acquired the 600 acre Timberland Preserve in 1975 and the forest is managed primarily for wildlife habitat, nature-based recreation and education. Comprised of a mixed upland forest, the Preserve offers access to the beautiful Iron Stream, a cool, high-quality trout stream and the headwater for the East River.

Timberland is part of a large expanse of forest, relatively unfragmented by paved roads or development. This greenway provides ample habitat for fisher and warblers, veery, wood thrush and other forest nesting birds.

With over 15 miles of marked trails, including the New England Trail and a tree identification trail, visitors are sure to find many opportunities to explore this naturally rich and unique property.

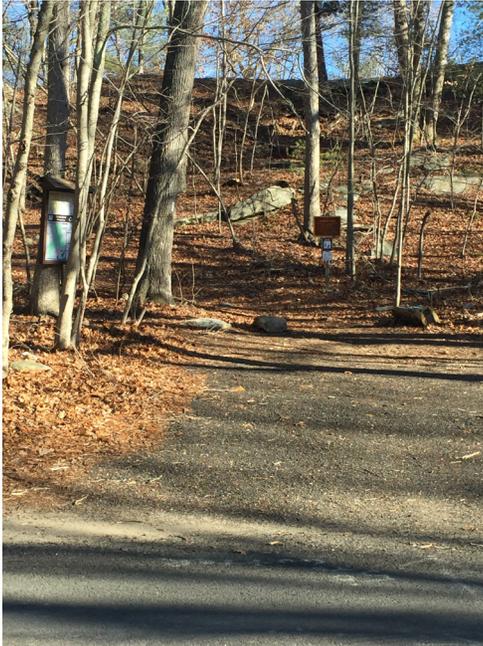


Photo by Emmeline Alaconis, SCRCOG

### Directions and Parking:

There are numerous entrances to Timberland Preserve. Two of the entrances are on Route 80 between Twin Bridge Road and Maple Hill Road. There are also entrances on Maupus Road near Lakeside Drive and Twin Bridge Road.

### Permitted/Prohibited Activities:

The trails are open to hikers, bikers and horseback riders during daylight hours. Hikers and bikers must yield to horse users. Dogs are allowed and must be leashed; please pick up after your animals. There is no swimming allowed in Upper Lake. Licensed anglers may fish in Iron Stream. Prohibited activities include alcohol, fires, camping and motorized vehicles.



Pets on Leash



Hiking



Bicycling



Horseback Riding

### For more information about this location, contact:

Town of Guilford  
 Natural Resources Department  
 50 Boston Street Guilford, CT  
 (203) 453-8146

To report suspicious or illegal activity call  
 Guilford Police Department: 203-453-8061

Questions regarding this brochure can be addressed to  
 South Central Regional Council of Governments  
 Phone: (203) 234-7555/Fax: (203) 234-9850  
 E-mail: [trails@scrcog.org](mailto:trails@scrcog.org)

Scan QR Code to access the South Central Regional Council of Governments Recreational Trails Webpage



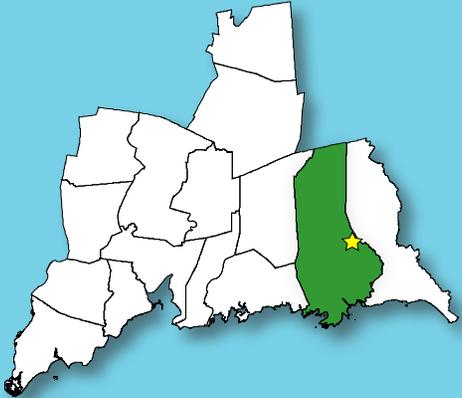
# Recreational Trails

## South Central Connecticut

# Town of Guilford: Timberland Preserve





## Guilford, CT

# Timberland Preserve



Photo by Emmeline Alaonis, SCRCOG

## Trail Description:

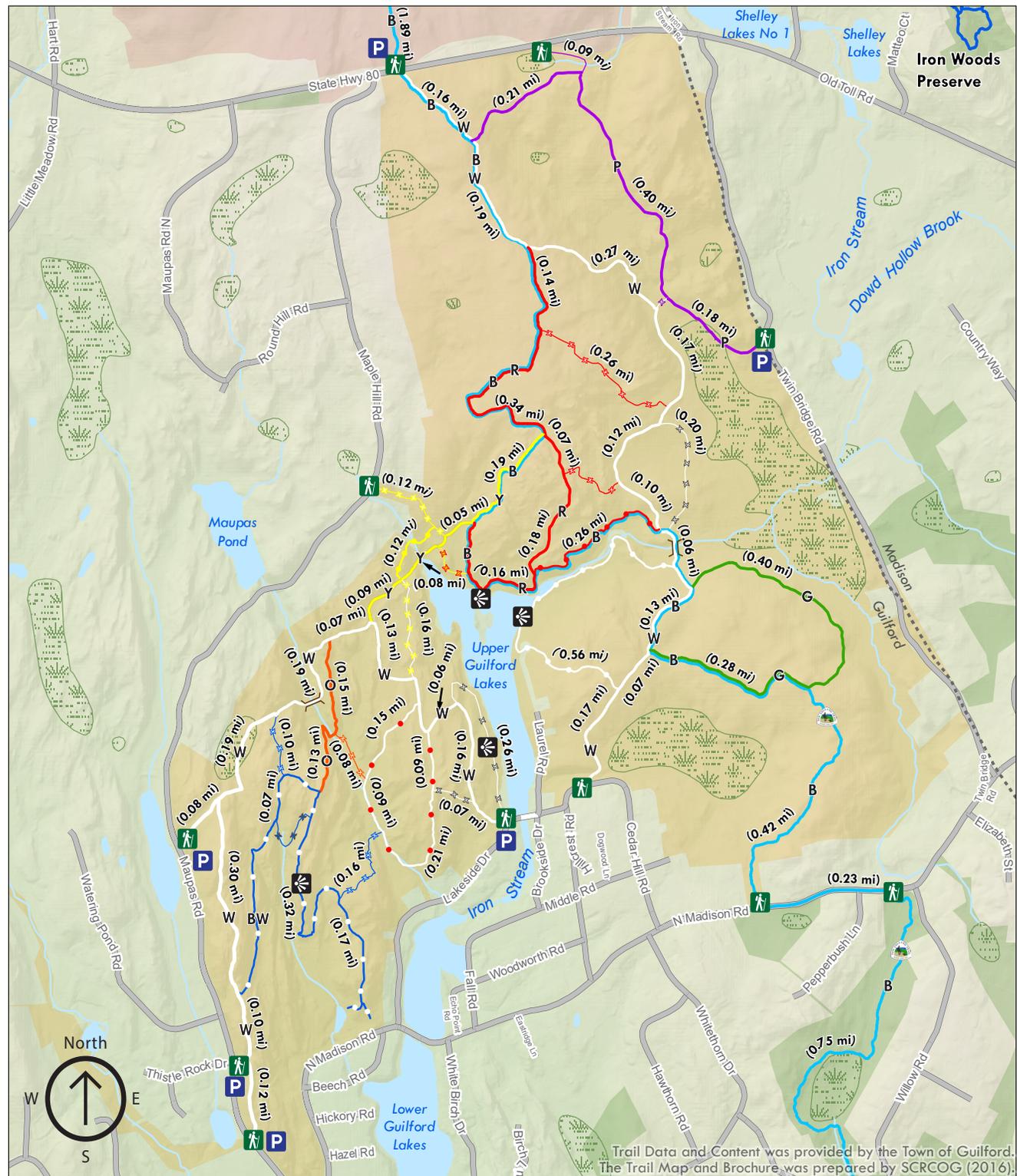
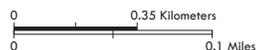
### Easy to Moderate Hike

The trails at Timberland Preserve are extensive. They wind through the forest and offer multiple scenic views of the Upper Guilford Lake. The New England Trail is a national trail that hikers can follow through the Preserve and continue onto other trail systems in Guilford.

Total trails distance is approx. 14.69 miles

## Legend

- |                              |                     |
|------------------------------|---------------------|
| Parking                      | Town Property       |
| Trailhead                    | Land Trust Property |
| Orange Trail                 | State Property      |
| Red Trail                    | Wetlands            |
| White Trail                  |                     |
| Purple Trail                 |                     |
| Green Trail                  |                     |
| Yellow Trail                 |                     |
| CFP Blue (Menunkatuck Trail) |                     |
| Blue/White Circle Trail      |                     |
| Red Circle Trail             |                     |
| Yellow Circle Trail          |                     |
| White Circle Trail           |                     |



Trail Data and Content was provided by the Town of Guilford. The Trail Map and Brochure was prepared by SCRCOG (2016).