

“I only went out for a walk,  
and finally concluded to  
stay out till sundown,  
for going out, I found,  
was really going in.”

John Muir



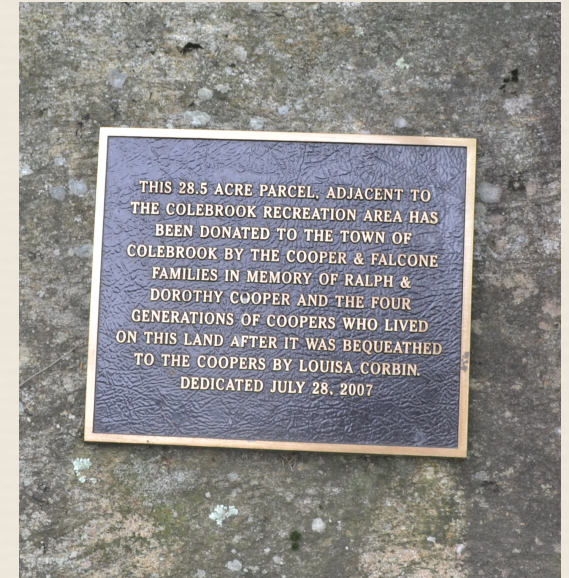
Directions: From the center of Colebrook,  
take Cooper Lane (off Smith Hill Road near  
the end of the town green) to the Colebrook  
Recreation Area. There are parking lots by the  
baseball field and the Colebrook Pond.



In 1953, the Colebrook Associates gave the  
Town of Colebrook 47 acres and several  
buildings in the center of town, including the  
Colebrook Inn (once the town hall but now  
home to the historical society). A pond was dug  
where a year-round stream flowed through the  
parcel, and the Colebrook Recreation Area got  
its start. On July 4, 1979, the Colebrook  
Community Field was dedicated as part of the  
town's Bicentennial celebration. A softball game  
between married men and single men followed.  
In 2007, the Cooper and Falcone families  
donated 28.5 adjacent acres, allowing room for a  
trail around the pond and through woodlands

COLEBROOK, CONNECTICUT  
[www.townofcolebrook.org](http://www.townofcolebrook.org)

## COOPER TRAIL



This mile-long woodland trail lies at an  
elevation of 1130 feet and encompasses low  
woods, wetlands, and old stone walls. The  
topography is gentle and several bridges help  
walkers cross the brooks. It was built in  
2014-2015 with a donation from Jeb Burrows  
and the labor provided by the Winsted Boy  
Scouts, Colebrook Lions Club and Colebrook  
Conservation Commission.  
The trailhead is located past the baseball field,  
on the right side of the road leading to the  
Colebrook Pond.

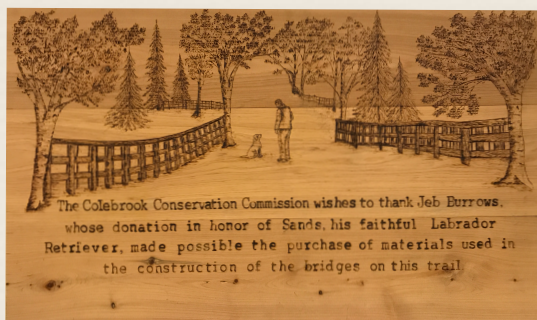




You can find many ferns, such as Long Beechfern, growing in rich, moist woodlands.

#### TREES/SHRUBS/VINES

Acer rubrum	Red Maple
Acer saccharum	Sugar Maple
Alnus rugosa	Speckled Alder
Berberis thunbergii	Japanese Barberry
Betula allegheniensis	Yellow Birch
Betula populifolia	Gray Birch
Carpinus carolinianus	American Hornbeam
Clematis virginianum	Virgin's Bower
Cornus alternifolia	Alternate-leaf Dogwood
Daphne mezereum	February Daphne
Fagus grandifolia	American Beech
Fraxinus americana	White Ash
Hamamelis virginiana	Witch Hazel
Ilex verticillata	Winterberry
Kalmia latifolia	Mountain Laurel
Lonicera sp.	Honeysuckle
Lyonia ligustrina	Maleberry
Pinus strobus	White Pine
Populus tremuloides	Quaking Aspen
Prunus serotina	Black Cherry
Prunus virginiana	Choke Cherry
Salix sp.	Willow
Sambucus canadensis	Elderberry
Taxus canadensis	Ground Hemlock
Toxicodendron radicans	Poison Ivy
Tsuga canadensis	Eastern Hemlock
Vaccinium corymbosum	High Bush Blueberry
Viburnum alnifolium	Hobblebush
Vitis sp.	Grape



#### WILDFLOWERS

Achillea millefolium	Yarrow
Actaea rubra	Red Baneberry
Agrimonia sp.	Agrimony
Aralia nudicaulis	Sarsaparilla
Arisaema triphyllum	Jack-in-the-pulpit
Caltha palustris	Marsh Marigold
Carex crinita	Fringed Sedge
Carex lurida	Sallow Sedge
Cicuta maculata	Water Hemlock
Clintonia borealis	Bluebead Lily
Coptis groenlandica	Goldthread
Dalibarda repens	Dewdrop
Epipactis helleborine	Helleborine
Erythronium americanum	Dog Tooth Violet
Eupatorium perfoliatum	Boneset
Eupatorium purpureum	Joe Pye Weed
Gaultheria procumbens	Teaberry
Hydrocotyle americana	Pennywort
Impatiens capensis	Jewelweed
Iris versicolor	Blue Flag
Juncus tenuis	Path Rush
Leersia oryzoides	Rice Cut Grass
Ludwigia polycarpa	Many fruited False Loosestrife
Lycnis flos-cuculi	Ragged Robin
Lysimachia ciliata	Fringed Loosestrife
Lysimachia terrestris	Swamp Candles
Maianthemum canadense	Wild Lily-of-the-Valley
Maianthemum racemosum	False Solomon's Seal
Medeola virginica	Indian Cucumber Root
Mentha arvensis	Field Mint
Michella repens	Partridgeberry
Monotropa uniflora	Indian Pipes
Myosotis laxa	Forget-me-not
Polygonum amphibium	Water Smartweed
Polygonum sagittatum	Arrow-leaved Tearthumb
Polygonum scandens	Climbing False Buckwheat
Prenanthes sp.	Lionsfoot

Rubus sp.	Raspberry
Rubus repens	Dewberry
Saponaria officinalis	Soapwort
Schoenoplectus tabernaemontani	Soft-stemmed Bulrush
Scirpus cyperinus	Common Woosedge
Solanum dulcamara	Climbing Nightshade
Solidago caesia	Smooth Goldenrod
Solidago graminifolia	Grass-leaved Goldenrod
Solidago juncea	Early Goldenrod
Solidago rugosa	Rough Goldenrod
Sparganium americanum	Bur-reed
Spiraea latifolia	Meadowsweet
Thalictrum aquilegiifolium	Meadow Rue
Thalictrum polygamum	Tall Meadow Rue
Tiarella cordifolia	Foamflower
Triadenum virginicum	March St. John's Wort
Trientalis borealis	May Star
Trillium erectum	Red Trillium
Typha latifolia	Cattail
Uvularia sp.	Bellwort
Veratrum viride	False Hellebore
Veronica scutellaria	Marsh Speedwell

#### FERNS, MOSSES & RELATIVES

Dryopteris thelypteris	Marsh Fern
Equisetum arvense	Common Horsetail
Diphasiastrum digitatum	Southern Ground-pine
Onoclea sensibilis	Sensitive Fern
Osmunda cinnamomea	Cinnamon Fern
Osmunda claytoniana	Interrupted Fern
Osmunda regalis	Royal Fern
Parathelypteris noveboracensis	New York Fern
Phegopteris connectilis	Long Beechfern
Polystichum acrostichoides	Christmas Fern
Sphagnum sp.	Peat Moss

Send additional observations to the Colebrook Conservation Commission, PO Box 5, Colebrook CT 06021